

Bland Diet

2 Parts boiled white rice

1 Part boiled skinless (boneless) chicken

OR

1 Part boiled lean hamburger

Leave in separate containers and mix only when serving.

Food can be warmed slightly prior to feeding.

Give 4-5 small meals a day.

Amount should equal the animal's normal daily quantity of food.

Continue diet 3-4 days or until stool appears normal, then slowly change back to regular diet, mixing $\frac{1}{4}$ regular diet with $\frac{3}{4}$ bland diet 2-3 days, then $\frac{1}{2}$ diet with $\frac{1}{2}$ bland diet for 2-3 days, then $\frac{3}{4}$ regular diet with $\frac{1}{4}$ bland diet for 2-3 days.

Continue to gradually reduce bland diet until back to regular diet.

Kaopectate: Plain Flavor

1 tsp per 10 lbs

Up to 4 times a day after diarrhea episode